

THE MERSEYSIDE FAMILY COUNSELLORS

Usually £45ph, but drops to £30 if one of our link schools or colleges has referred you to us via this flyer.

THE MERSEYSIDE FAMILY
Counsellors

We come to your child's school, or they can come to our premises. As many or little sessions as you want or need.

Self-Funded Professional Counselling and Support for Your Child, or For You.



Who Are We?

We are two highly qualified professional counsellors, who genuinely care. We have an extremely vast background of working with young people, parents and mental health and wellbeing too.

What Can We Help With?

Anxiety, Depression, Body Image, Relationships, Neurodiversity, Self-Esteem, Bullying, Sense of self, Loss of purpose, Identity/ sexuality/ gender, Life Transitions, Divorce, Bullying and friendships. Family dynamics and experiences, Fostering/Adoption, Stress Management, Conflict Resolution, Career or academic issues, Grief and loss, Traumatic life experiences, Parenting, Pregnancy, & more...



How Does It Work?

Drop us an email at **themerseysidefamilycounsellors@gmail.com**

We will email you back to offer you a non-pressured phone call to find out if we are the right therapists for you.

If you decide to go ahead, we confirm dates, times, prices, location and any extra needed details via email.

We go ahead with our first session, taking that first step together.



www.themerseysidefamilycounsellors.co.uk