



RSE & PSHE Vocabulary Builder Year 5

Autumn 1 Me and my relationships	Autumn 2 Valuing difference	Spring 1 Keeping myself safe	Spring 2 Rights and responsibilities	Summer 1 Being my best	Summer 2 Growing and changing	
Collaborate Negotiation Compromise Conflict Resolution Insensitive Sensitive Unhealthy relationship Verbal abuse Physical abuse Sexual abuse Uncomfortable touching Unsafe Assertive Passive Aggressive Emotions Emotional needs Non verbal Body language Face to face Tone of voice	Friendship Talking Listening Listening skills Respect Excluded Discrimination Prejudice Metaphor Diverse Multicultural society Sex Sexual orientation Gender identity Gender expression Embarrassed Reactions Consequences	Habit Addiction Pros Cons Weigh up risk Bullying Cyber bullying Dare Pressure Resist pressure Assessing risk Influence Risk taking Personal information Privacy settings Drugs Cigarettes Alcohol Norms Perception Risk taking Assertive	Responsibility Fact Opinion Biased Unbiased Rights Responsibility Duties Voluntary group Community group Pressure(action) group Cost Wages Salaries Fair trade Borrow Loan Credit Debit Interest Public services Council Vote Elections Councillors	Healthy choices Organs Body systems Perseverance Commitment Resilience Determination Patience Interpersonal skills Community School community Independence Responsibility Personal qualities Celebrities	Wellbeing Resilience Trust Unwanted attention Unwanted touch Separation Fostered Pubic hair Vulva Vagina Vaginal opening Urinary opening Lips (labia) Penis Scrotum Testicles Foreskin Anus Stretch marks Crush Puberty Genitalia Menstruation (cup) Semen	Period Sanitary towel Tampon Sanitary protection Embarrassed Reactions Consequences Hormones Compromise Respect Mood swings In confidence Break a confidence Confidential Prejudice Biological sex Sexual orientation Gender orientation Gender expression Verbal abuse Physical abuse