

RSE & PSHE Vocabulary Builder Year 1

Autumn 1	Autumn 2	Spring 1 Keeping myself safe		Spring 2 Rights and responsibilities		Summer 1 Being my best		Summer 2 Growing and changing	
Me and my	Valuing								
relationships	difference								
Rules	Same	Energy	Tired	Hygiene	Safe	Starchy	Learning	Organ	Teasing
Safe	Different	Food	Feelings	Routine	First aid	Dairy	Practice	Heart	Bully
Responsibility	Difference	Water	Worried	Clean	Risk	Protein	Confidence	Lungs	Bullying
Work together	Respect	Air	Nervous	Environment	Accident	Fruit	Achievement	Intestines	Witness
Feelings	Unkind	Oxygen	Scared	Responsibility	Danger	Vegetables	Make	Brain	Experience
Body language	Unkindness	Exercise	Support	Responsible	Hazard	Vitamins	mistakes	Stomach	Get help
Emotions	Teasing	Sleep	Unsafe	Rules	Risk	Portion	Praise	Oxygen	Secret
Safe	Tease	Healthy	Emotions	Needs	Accident	Healthy	support	Digested	Surprise
Support	Bully	Dairy	Loss	Money	Danger	Sugar	Feedback	Caring	Uncomfortable
Feelings	Bullying	Fruit	Lost	Cost	Kettle	Salt	Encourage	Love	Private
Behaviour	Behaviour	Vegetables	Medicines	Bills	Burn	Germs	Feelings	Attention	Privates
Hurt	Rules	Sugar	Safe	Spending	Scald	Disease	Behaviour	Change	Hygiene
Help	Safe	Salt	Harmful	Afford	Accident	Cereal	Consequences	Growing	
Heal	Fair	Meat	Privates	Bank	Emergency	Hygiene	Special	Kind	
Family	Unfair	Cereal	Trust	Coin		Spread	Person	Unkindness	
Special people	Special people	Sleep	Responsibility	Note			Promise	Tease	
Friendship	Qualities	Rest	Private	Worth					
Making up	Feelings	Grow		Saving					
Listening									