



## RSE & PSHE Vocabulary Builder Reception

Autumn 1 Me and my relationships	Autumn 2 Valuing difference	Spring 1 Keeping myself safe	Spring 2 Rights and responsibilities	Summer 1 Being my best	Summer 2 Growing and changing
Special Practise Effort Same Different Favourite Family Help Special People Happy Sad Emojis Kind Helpful	Special Likes Dislikes Favourite Same Different Kind Unkind Family Home Kindness New friend Friendships	Keep clean Keep safe Sleep Water Food Fresh air Cuddle Medicine Chemist Doctor Grown up Safe Unsafe Detective Tummy feelings Uncomfortable Safe Worried Tell Adult Trust Address	Family Look after Help each other Be alone Working together Responsibility Helpful Caring Environment Electricity Pollution Litter Recycling Money Shop Buy Cost Pay Save Safe place	Bounce back Encourage Try Try again Food Energy Grow Healthy Fruit Vegetable Dairy Exercise Sleep Wash Heart Muscles Routine Calm	Seasons Cycle Autumn Winter Spring Summer Growing Life cycles Baby Child Teenager Adult Old age Family Baby Love Care Grow Private parts