

RSE & PSHE Vocabulary Builder Nursery

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Me and my	Valuing difference	Keeping myself safe	Rights and	Being my best	Growing and changing
relationships			responsibilities		
Feel	Similar	Safe	Healthy snacks	Food	Seasons
Like	Different	Who can help?	Germs	Water	Autumn
Choose	Friendship	Grown up	Wash hands	Exercise	Winter
Arms	Friend	Tell	Sugar	Sleep	Spring
Legs	Family	Tummy feelings	Fruit Vegetables	Energy	Summer
Head	Special	Unsafe	Similar	Challenge	Growing
Eyes	Kind	Safety signs	Different	Encourage	Baby
Ears	Sharing	Weather	Helping	Keep trying	Child
Nose	Helping	Clothing	Family	Get better	Teenager
Mouth	Feelings	Playground	Friends	Practice	Adult
Teeth		Carpark	Feelings		Old age
Hands		Pavement	Classroom		Family
Fingers		Scissors	Tidy		Baby
Feet		Glue	Clean		Love
Toes		Paint	Care		Care
Knees		Medicines	Look after		Grow
Elbows		Labels			Private parts
Pants		Careful			
Vest		Cleaning products			
Private		Water			
Special		Fresh air			
Feel		Sleep			
Look					
Friends					